

March/April 2026

Leduc and District Senior Centre Telford House Times

Happy Spring!

Enjoy the warmer weather and come out to some activities at Telford House! Please save any unwanted household goods for our garage sale April 24 & 25. All the proceeds go to Telford House.

Important Dates:

March 12 - St. Patrick's Day Lunch (tickets required)

March 9-19 - Easter Lunch tickets on sale

April 2 - Easter Lunch (tickets required)

April 3 - Good Friday - Office closed

April 9 - AGM 12:15pm

April 24 & 25 - Garage Sale

April 28 - Volunteer Tea



FCSS Outreach

Older Adult Services Coordinator is at
Telford House **Mondays 11 am - 2 pm**

They provide resources to help you connect to your community local services. They provide one on one support and help you to complete forms such as Provincial and Federal Benefits, and LATS applications.

**For more information call
Lucrecia (780) 980-7115**

Board Members Needed

The Leduc and District Senior Centre is seeking 4 board members in April. Please contact the Nomination Committee Chairman, Don Smithson for more information (780) 980-3491

Come share your talents and time with this great organization!

Leduc and District Senior Centre at Telford House

4907-46 Street Leduc, Alberta T9E 5V9

(780) 986-6160 telfordhouse@shaw.ca www.leducseniors.ca

email: telfordhouse@shaw.ca

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Feature Activity - Bridge

The Leduc Senior Centre has a friendly bridge club with about thirty-six members, and meets three times a week. The cost is \$ 1.00, used for prizes and coffee, plus the Telford House \$2.00 drop-in fee for members.

On Tuesday at 9 am, and again Wednesday evening at 7 pm, we play duplicate bridge, with between 6 and 8 tables Tuesday morning, and 4 and 5 tables Wednesday evening. We play between 24 and 26 boards with movement cards that result in one pair winning. Cash prizes go to the first and second place winners. You must have a partner to play and players can use whatever bridge conventions they like. There is a director to control table moves and to resolve any issues that might arise. Play is typically finished around noon on Tuesday, and about 9:30 pm Wednesday evening. Results with board-by-board points and team ranking are emailed by the director within a few hours of completion.



On Thursday at 1 pm, we play contract bridge; having a partner is not required. Movement/score cards are used, and we normally play between 20 and 24 hands. If there is an uneven number of players, the director will determine how all players are accommodated most evenly, with points being awarded those individuals who “sit out” a round. Prizes are given for 1st, 2nd, 3rd, with last place getting their entry \$ 1.00 returned. We try to finish around 3:30 pm.



Each year between April and September, our club hosts up to two regional contract bridge tournaments, which require a partner, attracting about twenty-five tables. Other central Alberta senior clubs host their own tournament(s); there are 18 to 24 tournaments offered every year. These are a lot of fun, and a great chance to enjoy fellowship with a larger group of bridge players!

To sign up for this newsletter: Contact Lucrecia: (780) 980-7115 lmendoza@leduc.ca

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LEDUC AND DISTRICT SENIOR CENTRE

EASTER LUNCH

THURSDAY, APRIL 2, 2026 11:30 AM



Entertainment - Len Umrysh

Door Prizes and 50/50 draw

TICKETS: \$ 20 PER PERSON

Tickets on sale March 9 for Members and March 16 for non-members

Knitting Sale 10 - 2 PM

The Lunch Bunch invites you to join them for lunch every Thursday at 11:30am

New Caterer!

Fiesta Catering will now be serving hot lunches as well as soup and sandwiches starting in March



Tickets are \$15 per person and only available one week in advance.

You can buy tickets from the Lunch Bunch Members or from the LDSC office.

Leduc and District Senior Centre

GARAGE SALE

Friday April 24 - 2pm to 8pm

Saturday April 25 - 9am to 4pm

Telford House 4907-46 Street

Our biggest fundraiser! Please drop off donations
April 20 to 23 between 10am and 2pm

All proceeds go to Leduc and District Senior Centre



ANNUAL GENERAL MEETING

Thursday April 9, 2026 12:15pm

Your voice and your vote matter!

4 Board Positions

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LEDUC AND DISTRICT SENIOR CENTRE

Volunteer Appreciation Tea

Tuesday April 28, 2026 from 1 to 3 pm

- If you volunteer at Telford House please join us for coffee, tea and light snacks
- Please RSVP by April 21 at the office

Door prizes & Entertainment



Greater Edmonton Shuffleboard Association

Now located at Beaumont Curling Club

A great social activity for all ages!

Please see their website for more information
www.shufflewithgesa.ca

or call Vicky (780) 719-5383

Thank you Telford Mews for sponsoring our newsletter!


TELFORD MEWS
 AT LEDUC VILLAGE

Luxury Adult Living Apartments

This new and innovative active 55+ adult community which features 133 tastefully appointed suites. Telford Mews is located in Leduc close to the hospital as well as various other services and amenities.

Rent includes all utilities - power, gas, water, Optik TV and Internet.

 1 & 2 BEDROOMS

 IN-SUITE LAUNDRY

 Phone No: 780-394-8233

 Location: 41 Athapaskan Dr. Leduc

TELFORDMEWS.COM



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