

Leduc and District Senior Centre Telford House Times

September/October 2025

Fall Greetings from Telford House

Come join us for the Seniors' Expo in September and Thanksgiving Lunch in October. Raffle ticket sales end September 30...Get your tickets!

Important Dates:

September 1 - Labour Day, Office Closed
September 17 - Seniors' Expo at Telford House
September 18 - Quarterly General Meeting
September 30 - Raffle ticket sales end
October 9 - Thanksgiving Lunch, Tickets Required
October 13 - Thanksgiving, Office Closed
October 18 - Crib Tournament

FCSS Outreach

Older Adult Services Coordinator is at
Telford House **Mondays 11 am - 2 pm**

They provide resources to help you connect to your community local services. They provide one on one support and help you to complete forms such as Provincial and Federal Benefits, and LATs applications.

**For more information call
Lucrecia (780) 980-7115**



Leduc and District Senior Centre at Telford House

4907-46 Street Leduc, Alberta T9E 5V9

(780) 986-6160 telfordhouse@shaw.ca www.leducseniors.ca

email: telfordhouse@shaw.ca

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Feature Activity - Tuesday Fun Night - Cards & Camaraderie

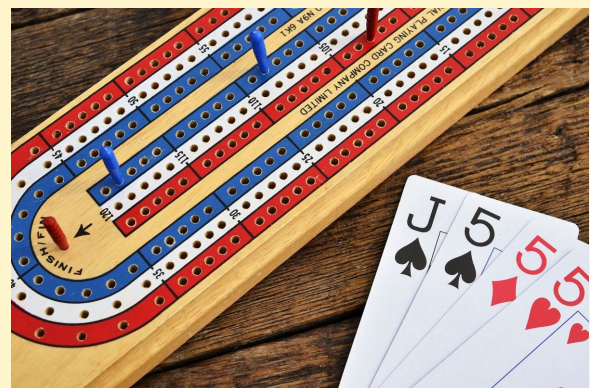


Join us every Tuesday evening from 6:30pm to 8:30pm for a relaxing night of cards, laughter and good company! We'll be playing Sticks (a fun Rummy-style card game) and Cribbage. Whether you're a seasoned player or just learning, all are welcome - come for the games, stay for the friendship!

LOOKING FOR CRAFT VENDORS!!!

Call (780)986-6160

Email telfordhouse@shaw.ca



Leduc and District Senior Centre



2025 Mistletoe

Crafts and Baking Sale

Telford House, 4907-46 Street, Leduc

Saturday November 29th 10-4

Sunday November 30th 11-3

Free admission
&
concession on site

All crafts and food items
are handmade



QUARTERLY GENERAL MEETING

Thursday September 18, 2025

12 PM

To sign up for this newsletter: Contact Lucrecia: (780) 980-7115 lmendoza@leduc.ca

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LEDUC AND DISTRICT SENIOR CENTRE

At Telford House, 4907-46 ST, LEDUC

Seniors' Expo



Wednesday September 17, 2025
10am-3pm, free admission



Providing information on products and services for seniors in the Leduc area

Information Sessions including Question and Answer time

10:30 - 11:30 am - **Understanding Dementia - A guide for Seniors** - by Medscheck Pharmacy

12:00 - 1:00 pm - **In Home Senior Care** - by Home Instead

1:30 - 2:30 pm - Learn about **pre packaged food options** - by Heat to Home Meals

Thank you to our GOLD SPONSORS!



Thank you to our SILVER SPONSORS!



Thank you to our BRONZE SPONSORS!

Leduc Regional Housing

Heart to Home Meals

Hainstock & Son Funeral Chapel

Cam Rutten, IG Wealth Management

Leduc Advanced Medical Footcare

Hear Canada

Petra Meyn, Realtor Royal LePage

The Tub Doctor

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Leduc and District Senior Centre Thanksgiving Lunch

At Telford House, 4907-46 St, Leduc



Thursday October 9, 2025
11:30 am

Entertainment: Chance Barbershop Quartet

Tickets: \$ 20 per person

Knitting
Sale



Tickets on sale:
September 15 for Members
September 22 for General Public

Thankyou to every-
one who helped out
with the Alberta 55+
Games!



"Everyone must take time
to sit and watch the
leaves turn."

-Elizabeth Lawrence



HAPPY FALL !

NEW ACTIVITY!



Come play Hand, Foot and Toe Canasta
Saturdays at 1pm
starting September 13

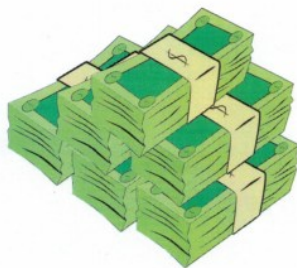
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Please help support Leduc and District Senior Centre by buying a ticket!



RAFFLE FUNDRAISER

All proceeds benefit Leduc and District Senior
Centre programs and activities



Tickets \$10 each

1st Prize \$3,000 CASH

2nd Prize \$2,000 CASH

3rd Prize \$1,000 CASH

Purchase tickets at Leduc and District Senior Centre at Telford House

4907-46 Street Leduc (780) 986-6160 until September 30, 2025

- Lottery Licence # 731530 • 2000 tickets printed
- Tickets must be purchased or sold within Alberta

Details at www.leducseniors.ca/raffle

Draw date October 9, 2025 at Telford House, Leduc.

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IN CASE OF EMERGENCY

According to a senior paramedic we should all carry our information on a piece of paper in our WALLET OR PURSE. This is where EMTs will check first.

EMERGENCY CONTACT:

My name is _____

I have _____ (any serious illness)

Contact: Name & phone # of contact _____

Important

Thank you Petra for Sponsoring our Newsletter!!!

PETRA MEYN

Realtor®
Senior Real Estate Specialist®

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🌐 whoispetra.ca

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Prestige Realty

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AWARD

Born and raised here, I proudly support
our local seniors

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is worth with a FREE Market Evaluation

