

May/June 2025

# Leduc and District Senior Centre Telford House Times

## Greetings from Telford House

Come celebrate Seniors' Week with us! There is a free Music Jam, a free concert at the Maclab, and a Salute to Seniors Lunch for \$15 (tickets bought in advance). We hope to see you soon!

### Important Dates:

- May 19 - Victoria Day (Office Closed)
- May 24 - Bridge Tournament
- June 2 - Free Concert at Maclab (Tickets Required)
- June 3 - Free Music Jam
- June 5 - Salute to Seniors Lunch (Tickets Required)

## FCSS Outreach

Older Adult Services Coordinator is at Telford House **Mondays 11 am - 2 pm**

They provide resources to help you connect to your community local services. They provide one on one support and help you to complete forms such as Provincial and Federal Benefits, and LATS applications.

**For more information call  
Lucrecia (780) 980-7115**

## Raffle Tickets now available!

Cash prizes

Draw October 9, 2025

All proceed to support Leduc and District Senior Centre

Tickets \$10 each, available at our office.

Please join us for

## **DROP IN COFFEE TIME**

Every Thursday from 10am to 2pm

No Charge

Feel free to bring your lunch!



**Leduc and District Senior Centre at Telford House**

4907-46 Street Leduc, Alberta T9E 5V9

(780) 986-6160 telfordhouse@shaw.ca www.leducseniors.ca

email: telfordhouse@shaw.ca

# Leduc and District Senior Centre Telford House Times



We would like to recognize our generous knitting group. We want to thank them so much for their most recent donation. They have decided to donate all their proceeds from the sales of their handiwork to Leduc and District Senior Centre at Telford House. We appreciate the ongoing support which helps us to continue our operations and ongoing programs.

This group meets every Thursday morning from 9-11am and any anyone is welcome to join them.

To sign up for this newsletter: Contact Lucrecia: (780) 980-7115 [lmendoza@leduc.ca](mailto:lmendoza@leduc.ca)



# Leduc and District Senior Centre Telford House Times

Thank you to everyone who helped make our garage sale a HUGE success!

Thank you to The Tub Doctor for sponsoring our newsletter!



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**Safer Bathing Made Simple**  
*Regain your confidence and independence—convert your bathtub into a shower without a full remodel!*

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*Quick, professional installation in just hours*
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# Leduc and District Senior Centre 2025-2026 Board of Directors

## Executive Committee

		Randall Brown	Director
<b>Wendy Wagar</b>	<b>President</b>	Robert Howdle	Director
<b>Don Smithson</b>	<b>Vice President</b>	Pat Tenzzen	Director
<b>Linda Wilson</b>	<b>Treasurer</b>	Calvin Wilson	Director
<b>Heather MacDonald</b>	<b>Secretary</b>	Shirley Wood	Past President

## Committees

### Finance Standing Committee

Chairperson: Linda Wilson  
Members: Wendy Wagar, Calvin Wilson

### Secretarial Administrative, Marketing and Community Relations Committee

(also includes Safety and Security).

Chairperson: Heather MacDonald  
Members: Randall Brown,  
Robert Howdle, Don Smithson, Linda  
Wilson, Pat Tenzzen,

### Maintenance and Repair Committee

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Members: John Van Hooydonk,  
Robert Howdle, Calvin Wilson

### Special Events Committee

Chairperson: Heather MacDonald,  
Members: Robert Howdle,  
Sharron Lyver, Pat Tenzzen

### Human Resources Committee

Members of the Executive Committee

### 50/50 and Cash Raffle Committee

Chairperson: Heather MacDonald  
Members: Randall Brown, Robert  
Howdle, Pat Tenzzen

### Bingo Committee

Chairperson: Linda Wilson  
Members: Wendy Wagar

### Casino Committee

Chairperson: Don Smithson  
Members: Wendy Wagar

### Grant and Fundraising Committee

Chairperson: Heather MacDonald  
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Pat Tenzzen, Calvin Wilson

### Policy Committee

Chairperson: Don Smithson  
Members: Randall Brown,  
Heather MacDonald

### Kitchen Committee

Chairperson: Pat Tenzzen  
Members: Heather MacDonald,  
Linda Wilson



# Leduc and District Senior Centre Telford House Times

## Seniors Week Activities

LEDUC AND DISTRICT SENIOR CENTRE  
At Telford House, 4907-46 ST, LEDUC

### Salute to Seniors Lunch!

THURSDAY, JUNE 5, 2025 11:30 AM



ENTERTAINMENT - A MUSICAL TRIO  
TICKETS: \$ 15 PER PERSON IN ADVANCE ONLY  
Tickets on sale from May 12 to May 30

KNITTING SALE

LEDUC AND DISTRICT SENIOR CENTRE

### Music Jam & Dance

At Telford House, 4907-46 ST, LEDUC



Free Admission

Seniors' Week

TUESDAY JUNE 3, 2025 1:00- 4 PM

### Free Concert at Maclab

hosted by the City of Leduc

Monday June 2

Martin Kerr – Folk Pop Singer

Performance 2:00-3:00pm

Refreshments 3:00-4:00pm

Call for tickets (780)980-7115

Or pick up at Telford House



To sign up for this newsletter: Contact Lucrecia: (780) 980-7115 [lmendoza@leduc.ca](mailto:lmendoza@leduc.ca)



# Grow THE CONVERSATION

**World Elder Abuse Awareness Day**

**Grow the Conversation ...  
Recognize the Signs,  
Reduce the Risks**

Action begins with you |

Plant the seed |

**Recognize the Signs |**

Stop abuse in older adults.

**June  
15<sup>th</sup>**



If you're concerned that someone you know is experiencing abuse, call the Family Violence Info line 310.1818 or visit [albertaelderabuse.ca](http://albertaelderabuse.ca) to find a resource in your area.

**#ABGrowTheConversation**