

Leduc and District Senior Centre Telford House Times

Senior's week is coming soon, check out all the activities on page 3!

Important Dates:

- May 18 – Victoria Day, office Closed
- May 26 – Medscheck Presentation
- June 1 – Free concert at MacLab
- June 2 – Free Music Jam at Telford House
- June 4 – Free Pancake Breakfast at Telford House
- June 11 – Quarterly General Meeting

Thank you to everyone who helped make our Garage Sale a huge success!

We couldn't carry out such a project without a tremendous amount of help.

FCSS Outreach

Older Adult Services Coordinator is at Telford House **Mondays 11 am - 2 pm**

They provide resources to help you connect to your community local services. They provide one on one support and help you to complete forms such as Provincial and Federal Benefits, and LATS applications.

**For more information call
Lucrecia (780) 980-7115**



Leduc and District Senior Centre at Telford House

4907-46 Street Leduc, Alberta T9E 5V9

(780) 986-6160 telfordhouse@shaw.ca www.leducseniors.ca

email: telfordhouse@shaw.ca

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Feature Activity—Euchre

The Leduc & District Senior Centre has an active and welcoming group of Euchre players. We meet every Friday in the basement at Telford House starting at 12:30 pm and ending around 3:30 pm. Cost is \$3.00 per week for LDSC members, \$5.00 for non-members. \$1.00 from the fee goes to prizes or events; the rest goes to Telford House.

We usually have between 4 and 7 tables each week and play 6 to 7 games, rotating players after each game. We also try to have 2 or 3 special luncheon events per year (Feb, June, Oct). New or experienced players - all are welcome. We are a very friendly group, willing to help anyone either learn the game or hone their skills in a relaxed and welcoming atmosphere - we like to laugh.



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LEDUC AND DISTRICT SENIOR CENTRE
4907 - 46 Street Leduc

Senior's Week

PANCAKE BREAKFAST

Thursday June 4, 2026 11 am



Tickets are free but you must
have a ticket to get in!

Tickets available starting May 11
at Telford House

** Door Prizes ** 50/50 ** Knitting Sale **



LEDUC AND DISTRICT SENIOR CENTRE
4907 - 46 Street Leduc

Senior's Week

Music Jam & Dance

Tuesday June 2, 2026 1-4pm



Free Admission

Free Concert at MacLab For Seniors

Hosted by the City of Leduc

Monday June 1, 2026

Performance 2:00 - 3:00pm

Refreshments 3:00 - 4:00pm

Call for Tickets (780) 980-7115

Or pick up at Telford House

Tracy Millar

Country Music
Singer/Songwriter



**Tickets available May 11. You
must have a ticket to enter.**

Leduc and District Senior Centre 2026-2027 Board of Directors

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LEDUC AND DISTRICT SENIOR CENTRE
At Telford House, 4907-46 ST, LEDUC



Health Management with a Pharmacist

By Medscheck Pharmacy

- ⇒ A discussion about common health management concerns including chronic conditions, symptoms and relief.
- ⇒ Do you have questions about medications, interactions, supplements, risks, or side effects?
- ⇒ What can we expect from a pharmacist, what questions should we be asking? How can they help?

Tuesday May 26, 2026 at 10am

Coffee and cookies provided